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Amendments to the Abstract:

In the English translation document, please add the abstract at page 22 written line 1, as follows:

--ABSTRACT

A method is provided for controlling the load in a packet data network at an interface between the packet data network and a connection-oriented telecommunications network that is connected to the data network, according to which a traffic volume of data of one type, which is routed through the packet data network, is determined periodically. The measured data is then used to calculate a predicted traffic volume for a following period and a subsequent resource reservation, which corresponds to the predicted traffic volume, is carried out in the packet data network for said following period. A media gateway and a media gateway controller for carrying out the inventive method are provided.—